# THE LAUREL A campus publication celebrating Sacred Heart Schools

Put your whole soul into the enterprise you have undertaken — Rejoice!
- St. Angela Merici

# LAURE L

2020

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### **OUR MISSION**

Sacred Heart Schools, a Catholic community rooted in the Ursuline tradition, inspires diverse learners to become globally minded, compassionate leaders.

### **OUR VISION**

To be an internationally recognized Catholic school that inspires students, empowers faculty and transforms the world.

### **OUR VALUES**

Community, Leadership, Reverence, Service

### **DIVERSITY AND INCLUSION**

Sacred Heart Schools, through our common connection as members of God's family, celebrates diversity and reverences all people. Our inclusive culture enables all students, faculty and staff to develop and thrive while sharing their God-given talents.









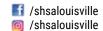












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The Ursuline campus and the schools and people in our community, will always hold a special place in my heart.

**As you may know,** I have announced plans to retire as president of Sacred Heart Schools in June 2020. It is with bittersweet emotion that I journey through this year toward my retirement, for Sacred Heart Schools has been my home for sixteen years.

We have accomplished so much together. Inside and out, this campus has seen great transformation. This change was not made possible by the actions of one person, but by the collective dedication, commitment and heartfelt support of countless coworkers and friends of Sacred Heart Schools. We have made a great team!

Never an institution to rest on its laurels, we continue to advance and improve. This fall, Sacred Heart Academy celebrated the official authorization to provide the International Baccalaureate Middle Years Programme. The authorization paves the way to provide more in-depth IB curriculum to our freshmen and sophomore classes, ensuring our mission to provide world-class learning for world-ready leaders is ever at the forefront. Recently, Sacred Heart Model School and Sacred Heart Preschool received word of their final authorization to provide the Primary Years Programme, making Sacred Heart Schools one of only seven IB World School Districts in the United States.

Our faculty, administrators and staff are on an ongoing journey of professional development, seeking to find the most innovative methods of success in their respective fields. In this issue, you'll hear that Jan Church, our Learning Support Coordinator at Sacred Heart Model School will attend the National Catholic Educational Association (NCEA) convention this year, and there were dozens of additional examples of this desire for excellence throughout the year.

Sacred Heart School for the Arts culminated its 50th year of providing arts education with a grand celebration. Opus 50 took place on November 17 and served as a beautiful testament to the important role SHSA has played in our community for so long. SHSA continues this year to offer inclusive and adaptive dance classes, satellite arts curriculum in numerous Jefferson County Public Schools and sensory-friendly performances in all its productions.

Sacred Heart Preschool continues to operate at near-capacity enrollment, indicative of its warm and loving culture and forward-thinking philosophy and educational environment. Parents choose SHP for its outstanding ability to provide the foundation for a love of learning for their most precious.

Though we are only halfway through our academic year, and we have much time left to reminisce and celebrate, I want to take this opportunity to again say, thank you. It has been an honor and privilege to serve as your president. The Ursuline campus and the schools and people in our community, will always hold a special place in my heart. Thank you for your partnership, support, collaboration and friendship. I know that Sacred Heart Schools will continue to soar, long after my retirement, because of the love and dedication of people like you.

With Gratitude,

Dr. Cynthia R. Crabtree

President | Sacred Heart Schools

# WELCOME TO SACRED HEART SCHOOLS

Sacred Heart Schools, a Catholic community rooted in the Ursuline tradition, inspires diverse learners to become globally minded, compassionate leaders.

Four schools. One campus. Nearly 2,000 students, faculty and staff striving to live the Ursuline Core Values of Community, Leadership, Reverence, and Service.



Since 1877, Sacred Heart Academy has helped young women become world-ready leaders through a diverse, customizable high school experience. Sacred Heart Academy achieved the elite classification as an accredited International Baccalaureate (IB) Diploma Programme (DP) in 1997. SHA achieved authorization for the International Baccalaureate (IB) Middle Years Programme (MYP) in 2019. We are proud to provide a continuum of international education for all students at all grade levels. A challenging curriculum is paired with individualized student support, including support for students with diagnosed learning differences. Last year's graduating class earned over \$24 million in college scholarships. Daily arts integration, a winning athletic tradition and a foundation of Catholic faith round out the complete high school education, propelling graduates to success in college and beyond.



For over 90 years, Sacred Heart Model School has set the standard for JK-8 Catholic education, combining its rich tradition of success with innovative best practices. Sacred Heart Model School is the first Catholic and private school in Kentucky to achieve certification as an International Baccalaureate (IB) Middle Years Programme (MYP) Levels 6-8. SHMS achieved authorization for the International Baccalaureate (IB) Primary Years Programme (PYP) in 2020. On average, across all areas tested, SHMS students test between 11 and 12% higher than other Archdiocesan schools in Louisville. More than accelerated academics, SHMS supports the education of the whole person by integrating arts into daily learning, introducing world languages early in elementary years and remaining true to its Catholic identity through faith formation and stewardship.



Sacred Heart Preschool is proud to offer the IB Primary Years Programme (PYP). Activities in the Preschool classrooms are student-centered, active and inquiry based. The IB approaches to teaching and learning are centered on a dynamic cycle of inquiry, action and reflection where teachers cultivate each child's natural desire to learn. Children's own love of exploration allows them to guide the learning through exploring their curiosities at the proper pace individually and in groups. The IB philosophy places a strong emphasis on problem solving, critical thinking, cooperative group work and social responsibility as students learn through real-life experiences and develop a sense of international-mindedness. SHP achieved authorization for the PYP in 2020.



This year brought the grand finale celebration of 50 years of excellence in arts education. Sacred Heart School for the Arts after-school offerings, open to the entire community, are available in dance, drama, music and visual art. Whether hip-hop dance, vocal music coaching, drama productions or studio art enrichment, students can grow in their creative talents or discover a new passion altogether. SHSA continues to offer inclusive and adaptive dance classes, satellite arts curriculum throughout Jefferson County Public Schools as well as sensory-friendly performances for seasonal productions. All students, regardless of level of expertise, are provided the opportunity to showcase their work in a performance, recital or exhibit each semester. Did you know that many of SHSA's talented faculty also provide much of the arts integration to students at Sacred Heart Preschool, Model School and Academy?

# FOLLOW THE SPIRIT







# Dancing into the Future

For more than 50 years, Sacred Heart School for the Arts has been nurturing creativity and encouraging self-expression through opportunities in dance, drama, music and visual art. Though SHSA celebrates this storied and successful history of providing arts education in our community, the dance department is looking to the future with several exciting changes.

The program continues to provide a ballet-based curriculum with additional emphasis in tap, modern and jazz techniques beginning at age three, but now guides families to choose from either a Recreational or Pre-Professional program.

The Recreational program allows students to take any number of level-appropriate classes as their schedule allows. The new Pre-Professional program is a structured curriculum with a set minimum of classes appropriately reflected according to each level. This program offers a diverse curriculum for students ages seven to adult. Designed to develop well-rounded dancers, the Program offers a graded curriculum of Classical Ballet, enriched by several other dance techniques including Modern, Bollywood, Jazz/Tap, Musical Theatre and Hip Hop. Pre-Professional students are given first consideration in performance opportunities and can also attend performances and work with professional dancers throughout the year.

Under the guidance of Emily Gorman-Trowel, Department Chair; McKinley Nicoson, Artistic Director and Jesse Bartfield, Assistant Artistic Director, the Dance Department is energized and full of promising young dancers receiving a well-rounded experience rooted in proper technique.

Another innovative change in the SHSA Dance department came this year through the addition of new elements of dance in the annual production of The Nutcracker. This year, choreographers and producers infused elements of Hip Hop, Tap and Bollywood dance styles, providing a new twist on this classic Ballet.

Sacred Heart School for the Arts remains ever dedicated to empowering artists of all ages through traditional methods and inventive and pioneering adaptations.



# Hitting the Highest Mark

Three Sacred Heart Academy teachers, Emily Black, Social Studies; Katy Dyche, Social Studies; and Eleanor Cowley Mitchell SHA '04, Science, recently achieved National Board Certification by the National Board for Professional Teaching Standards. The accomplishment is the profession's highest mark of achievement through a rigorous, performance-based, peer review process, demonstrating these teachers proven impact on student learning and achievement. According to the National Board for Professional Teaching Standards, "the certification process requires that teachers demonstrate standards-based evidence of the positive effect they have on student learning. They must exhibit a deep understanding of their students, content knowledge, use of data and assessments and teaching practice. They must also show that they participate in learning communities and provide evidence of ongoing reflection and continuous learning."



# Inspiring Servant Leaders

Sacred Heart Academy Social Studies teacher, Jennifer Hatton Muller SHA '01 was inducted into the Advisor Hall of Fame for the YMCA Youth Association which serves as the home of Kentucky's Youth and Government programs. They provide middle school, high school, and college students across the Commonwealth with opportunities for service learning, civic engagement, and personal development.

Jennifer has been an advisor for Sacred Heart Academy's Y Club for five years and was an advisor at a middle school the five years prior. SHA's Y Club consists of over 130 of our students... who are all strong women of great debate! Jennifer's favorite part of being an advisor to SHA students is watching the girls who come in as freshman develop over the four years into engaged citizens and servant leaders who are inspired to affect change in our school, community, Commonwealth, nation and world.

"This award was so special to me because I truly believe in the Kentucky YMCA's mission to foster critical thinking, leadership, and social responsibility in teenagers throughout our state by upholding the core values of honesty, caring, respect, and responsibility. To be recognized by this organization, my fellow teachers, and my students was truly an honor." Jennifer Muller

# FOLLOW THE SPIRIT

# **Empowering Teachers**

Jan Church, Learning Support Coordinator for Levels 3-8 and Dr. Michael Bratcher, Principal at Sacred Heart Model School, were selected to speak at the annual National Catholic Educational Association (NCEA) conference in Baltimore, Maryland this spring. The NCEA's mission statement reads "In service of the Gospel of Jesus Christ, NCEA strengthens Catholic school communities by providing professional development, formation, leadership and advocacy."

"It is a real honor to be representing Sacred Heart Model School and Sacred Heart Schools at the National Catholic Education Association (NCEA) annual conference in April. The conference brings in 30,000+ Catholic school educators from across the country. Mrs. Jan Church, one of our learning support coordinators, and I will present sessions, and talk specifically about the way our International Baccalaureate (IB) makes us unique. This year, we will have the distinct pleasure of talking about how SHS is only one in seven schools in the USA with an IB continuum from preschool through level 12".

 Dr. Michael Bratcher, Principal, Sacred Heart Model School.

Jan will present at the Exceptional Learners Post-Conference, held in conjunction with the NCEA 2020 Convention. This post conference will provide top-level education to teachers and school and arch/diocesan leaders who currently serve or are exploring serving Exceptional Learners in a Catholic school setting. Evidence-based approaches will be presented to address students with diagnosed disabilities, students who are struggling in the classroom, English language learners and talented and gifted students. Jan will be co-presenting a seminar titled "Enough Theory...Now What? A practical look at differentiation resources and strategies". Jan's goal is to empower teachers from around the country with the strategies and resources they need to be successful in an academically diverse classroom. Jan sees the importance in recognizing that every child has unique learning needs and she enjoys researching what strategies have been found to be effective.





# Art and Integrity

Dr. Laura Chipe, Sacred Heart School for the Arts vocal instructor, received the 2019 Sacred Heart Schools Francesconi Award of Integrity. This award is given annually to one employee of Sacred Heart Schools who has contributed significantly to the school and/or Louisville community, enriches the lives of those around her by living the mission of Sacred Heart Schools, and demonstrates integrity through her daily interactions with others.

Charlie Francesconi, the award's namesake, described Dr. Chipe as "a person of faith, integrity, compassion, intellect, and creativity," adding that she had been described as "the consummate professional." He went on to say that "her life is guided by love and the concern for others. She is a giving person who makes every effort to meet her responsibilities – in her home, church, and for Sacred Heart Schools. She espouses the Ursuline Core Values in day-to-day activities and has always considered her position on campus as a ministry rather than a job."

Among her many contributions to the arts at SHS, Dr. Chipe was the driving force behind the Opus 50 celebration honoring SHSA's 50 years of making beautiful art on campus! Dr. Chipe and the faculty of SHSA pulled out all the stops, recruiting students and rehearsing their own contributions to the amazing Gala Celebration.

# FOLLOW THE SPIRIT





# Frazier Fellows taking Flight

The Frazier Fellows Certificate Program was launched through the Jean Frazier Leadership Institute in September and will allow Sacred Heart Academy students to have enhanced leadership development through guided study, authentic leadership experience, mentorships and reflection. The program is not exclusive and is open to any student who wants to understand herself better through the lens of leadership. In its inaugural year, 89 sophomores signed on to pursue the leadership certificate!

The study of leadership will entail completing a guided online module, developed by the Jean Frazier Leadership Institute, and meeting quarterly in small groups for the remainder of their time at SHA to discuss the curriculum. Students will also learn through workshops and leadership retreats.

Frazier Fellows will work through authentic leadership experiences based on their own personal leadership blueprints. Each student will be empowered to decipher what she is passionate about – whether it be an internship in a specific field, creating a service project or building her own business, and will be given the flexibility to pursue her passion through her leadership experience.

Throughout the process, Frazier Fellows will reflect often on their experience and on their personal growth as leaders through written word, oral presentations, and within their leadership study.

Finally, each Frazier Fellow will be paired with an alumna mentor to guide her through the program. Lauren Hitron SHA '99, Director of the Jean Frazier Leadership Institute will provide talking points and discussion guidelines for the mentors based on what the Institute is discussing and teaching within the leadership study. SHA alumnae will serve a vital role in the Frazier Fellow program and will undoubtedly gain as much from the experience as their young mentees.

Callie Wall SHA '05, Alumnae Board President, is eager to mentor through the program. "I am so proud to be able to partner with the Jean Frazier Leadership Institute as a SHA Alum. To play an active role in developing today's students from learners to leaders is truly a rewarding experience. I would encourage all alumnae to get involved specifically in the Institute's mentoring program. You can directly impact the life of SHA women, transforming a student of today into a female leader of tomorrow. Not only will involvement in the mentoring program play a role in the students' leadership development, but speaking from experience, it will in yours as well."

If you are interested in becoming a mentor, please reach out to Lauren Hitron at 502.896.3910 or lhitron@shslou.org.

### Additional Programming through JFLI

AUGUST - DECEMBER 2019

### Sacred Heart Academy

- Navigation Teams at Frosh Start and monthly meetings
- Guest Speaker Laura Melillo Barnum, SHA '83, SHMS' 79 speaking about her leadership journey to freshman class and Christina Amorose Ryan SHA '10 speaking to business class about her career at ESPN
- Freshman Seminar on Understanding your Personality
- Student Council and Ambassador communication and project planning lesson at retreat
- Hearts for the Holy Spirit activity on team building and communication
- Juniors and Seniors SMART Goals workshop
- Academic Coaching training and mid-term preparation workshop
- Internship Final Presentations
- Business Career Field Lunch and Learn

### Sacred Heart Model School

- $\bullet \ Presenting \ Yourself \ summer \ workshop \ for \ 6-8$
- Level 4 Stewardship-Empathy and Kindness Activity
- Level 5 Leadership Traits -Introduction to "Who We Are" Unit
- Level 7 Leadership 3-part Series
- Guest speaker Beth Malcom SHMS '97, SHA '01 to Level 7 speaking about her leadership journey
- SHMS Ambassador Program with Level 6 coaching Kindergarten – Level 5 ambassadors



The state-of-the-art education center offers additional support and services to students with learning differences in a way that fits each student's individual needs. The center was made possible through a generous donation by Al and Barbie Horton.

At SHA, we know students with learning differences can and do succeed in our college-preparatory curriculum and beyond. Any given day, at any given moment, one can visit the Horton Family Accessible Education Center and find students studying, testing, tutoring and strengthening communication and critical thinking skills.

This inspiring and empowering space is a shining and sustaining example of the support system in place for Sacred Heart Academy Valkyries.

# { alumni profiles }

### With the help of God, you will do much good for others. - St. Angela Merici

Eight judges gathered in one room. Eight women, all servant leaders in the Louisville community. They preside over district and circuit courts, and each has followed a different path to success. So, what do these eight strong women have in common? The answer is Sacred Heart Academy. Meet these strong women of great faith, Valkyries through and through as each lets us in on a piece of her journey to the bench.



Left to right: Kristina Garvey '02, Jessica Moore Spalding '99, Audra Eckerle '84, Judith McDonald-Burkman '77, Mary Shaw, Annie O'Connell '95, Susan Schultz Gibson '78, Sarah Michael Nicholson '10

### How did your time as a SHA Valkyrie prepare you to become a leader?

"During my time at Sacred Heart I gained the tools and confidence that have helped me get to where I am today. As a student, I was given opportunities to lead my peers and challenge myself in roles that were outside my comfort zone. SHA provided a safe environment that encouraged growth, leadership and independence. I am so grateful for the four years I spent there and the tools and confidence that I left with. I have a lot to be proud of, being a Valkyrie is at the top of that list."

- The Honorable Kristina Garvey '02, JEFFERSON DISTRICT COURT, DIV. 3

### What class or teacher at SHA had the most influence on your future career?

"Mr. Buckman and his business law class. He took the time to call my parents at 7 a.m., after I successfully argued one side of a case for an assignment, to suggest I attend law school. It was a simple gesture but gave me a sense of confidence that truly helped shape my future."

 The Honorable Sara Michael Nicholson '10, JEFFERSON DISTRICT COURT, DIV.10

# What do you see as your role in empowering the next generation of young women to aim for leadership positions?

I see myself as a role-model, mentor, and sounding-board for young women. I want to continue to inspire young women to achieve in all areas of their lives. I want young women to see the role of lawyer, judge, community leader, wife, mother, and friend - as all being attainable. I strongly believe in mentorship and networking; it has had a huge impact on my career and life. Having a person to ask questions to and explore leadership and career opportunities makes a huge difference as you are trying to figure out your life and career, and I want to help be a mentor and positive role model for all young people. I have admired many strong women in my life that inspire me to be and do my best in all circumstances. I will continue to push myself to learn new things and grow as a person and leader, which will help me pay it forward to future generations." – The Honorable Jessica Moore '99, JEFFERSON DISTRICT COURT, DIV.11

# What was the best piece of advice you received from a female role model or mentor?

"I have had many mentors in my life-both female and male. Mentors in everyday living (my parents), in academia (teachers, Ursuline sisters, priests and professors), and in the legal profession (lawyers and judges). Snippets of sage advice include the following. You can't pick your family, but you can certainly select your friends - surround yourself with positive people. Success is an everevolving goal - stay on top of your game. Short cuts are just that - short. Don't burn bridges you may need to cross in the future. Be gracious in defeat but more so in victory. Practice kindness every day. When you've done all you can, then just let go and let God."

- The Honorable Judith McDonald-Burkman '77, JEFFERSON CIRCUIT, DIV. 9

### What inspires you about serving your community?

"I work with Jefferson County Drug Court, and it is truly inspiring to see people with addictions embrace recovery and turn around their lives."

- The Honorable Mary Shaw, JEFFERSON CIRCUIT DIV.

# What advice would you give to our young women looking to become the next generation of female leaders?

"Find whatever it is you are \*passionate\* about - what excites you, what motivates you to get out of bed in the morning - and do THAT. Everything else will follow."

- The Honorable Annie O'Connell '95, JEFFERSON CIRCUIT COURT DIV.2



# Have you perceived any challenges in rising to a leadership position that are specific to women?

"I have been very fortunate to have spent my career surrounded by men and women who have either been supportive from the start, or who allowed me to prove myself without throwing obstacles in my path. My legal career has always been in public service, which I believe is more welcoming to women, and has provided me with a gratifying sense of giving back to the community. My first mentor was the late, great Ellen Ewing, who by example taught me that intelligence, diligence and compassion are genderless qualities. It was her generation of female lawyers and jurists who have paved the way for my generation, and I'm very grateful to those strong women"

- The Honorable Susan Schultz Gibson '78, JEFFERSON CIRCUIT DIV. 12

# How do you think attending an all-girls school prepared you for your future success?

"Sacred Heart Academy provided me with a great foundation for success. By focusing on the core values of service, community and reverence, the school allowed me and all students to achieve great heights in academics and athletics, Being an all-girls school, SHA fosters an environment for the girls to thrive into womanhood and develop solid bonds of sisterhood, free of unnecessary distractions and competitions. I remain good friends with so many of my classmates to this day."

- The Honorable Audra Eckerle '84, JEFFERSON CIRCUIT COURT DIV.7

# FOLLOW THE SPIRIT

**THINKERS CARING** 

## We are IB.

With two significant International Baccalaureate (IB) authorizations this academic year, Sacred Heart Schools has become one of only seven IB World School Districts in the United States. Sacred Heart Academy received word of successful completion of its authorization to offer the Middle Years Programme (MYP) in October 2019 and Sacred Heart Model School and Sacred Heart Preschool became authorized in the Primary Years Programme (PYP) in January 2020. These considerable accomplishments mean that every student from age 3 to 18 who attends a Sacred Heart School will receive an IB education.

SHS strongly believes it is important to place an equal focus on academics and other transferable skills in order to best prepare students for success beyond the classroom. While being challenged by a demanding academic curriculum, IB students are also gaining important life skills like critical thinking, problem-solving, collaboration, communication and creativity; as well as character qualities such as persistence, curiosity, initiative and cultural and social awareness. Sacred Heart Schools is teaching children how to learn while empowering each to develop a lifelong love of learning. IB students graduate with the knowledge AND the tools they need to be successful in high school and college and are prepared to become responsible citizens who are ready to change the world.



IB World Schools, like Sacred Heart Schools, share a common philosophy—a commitment to improve the teaching and learning of a diverse and inclusive community of students by delivering challenging, high quality programmes of international education that share a powerful vision.

# Officially IB, The Primary Years Programme

Sacred Heart Model School and Sacred Heart Preschool recently received official authorization to offer the International Baccalaureate (IB) Primary Years Programme (PYP), the final approval needed to make Sacred Heart Schools an official IB World School District — one of only seven in the country.

The Primary Years Programme (PYP) for students aged 3-12 fosters natural curiosity and learning in a creative, supportive and collaborative environment. PYP students are encouraged to view things from different perspectives, take responsibility for their actions and develop their knowledge and skills within, and across subject areas. They are empowered to express ideas and opinions and propose solutions that make a difference in their lives and the lives of others. They learn how to be respectful and open-minded and build understanding through exploration of real-world issues.

PYP teachers plan with the end in mind and work backwards, asking the question, "what is the big idea that the students need to understand." This creative learning gives PYP students the agility and imagination to respond to new and unexpected challenges and opportunities in an increasingly globalized world. PYP students become independent, well-functioning, self-motivated learners and develop a lifelong love of learning.

"Anyone in an early years environment inevitably hears the words, "why" and "how"? over and over again. The beauty of teaching in a PYP school is that these questions are invited and embraced.

Questioning and imagining are innate in children and to their approach to learning about their world. We create environments and relationships that honor children's ideas and understandings in a play-based, conceptually driven approach. PYP schools believe that children are capable, unique and creative and it is this image of the child that drives our practices."

-AUSTIN BUTLER NIKOLICH, SHA'00

Tiestin be i her more and star of

CURRICULUM SPECIALIST, SACRED HEART PRESCHOOL

# FOLLOW THE SPIRIT





# Officially IB, The Middle Years Programme

Sacred Heart Model School was the first Catholic and private school in Kentucky to achieve certification as an International Baccalaureate (IB) Middle Years Programme (MYP) for Levels 6-8, and Sacred Heart Academy is now authorized to offer the IB MYP to our 9th and 10th grade students.

The Middle Years Programme (MYP), designed for students aged 11-16, begins by teaching students 'how to learn.' Through the mastery of communication, research, self-management, collaboration and critical thinking skills, students are not just memorizing facts or topics to prepare for exams, they are connecting what they learn between subjects and to their lives outside the classroom. MYP students are encouraged to analyze and evaluate issues, generate new ideas and consider all perspectives. By exploring global challenges, the MYP helps students increase their understanding of the world with appreciation of their own culture as well as the values and traditions of others.

Classrooms are student-centered and inquiry-based with a focus on conceptual understanding. So, instead of focusing on the "what," our students focus on the "why." Moving beyond the scantron, MYP assessments are authentic, real-world opportunities for students to demonstrate the mastery of skills and the ability to transfer what they have learned to new and unique situations.

The culmination of the MYP is a Personal Project that all students complete. In collaboration with our Jean Frazier Leadership Institute, students have a capstone experience that showcases their 21st century skills through an independent piece of work that may be an essay, an artistic production or another form of expression.

"The tenets that set the MYP apart from a more traditional education are that it is inquiry-based learning where students and teachers share in constructing knowledge, and that learning how to learn is as important as learning content."

- TRICIA FORDE, IB COORDINATOR SACRED HEART MODEL SCHOOL

# Revolutionary Education

BY AMY NALL, DEAN OF STUDIES, SHA

As an educator, administrator and parent, I am invested in ensuring the future is a safe and exciting place awaiting the critical and creative contributions that our young people will make. From the beginning of time, education was established as the vehicle that would prepare the youth for the future that awaited. So, as much as the tools used to educate our youth have changed, the purpose of preparing them for the future has not changed at all. However, the future for which we are now preparing our youth has not simply changed; it is yet to be created! In this fast-changing world of technology, no one knows what tomorrow brings. With that kind of ambiguity, we must prepare our students not just for the awaiting future, but for a future they will be responsible to create.

A review of the progress of American history tells us that we have approached the advent of a fourth industrial revolution. The first industrial revolution brought steam power to the world. The second brought oil, gas and electricity. The third revolution ushered in the power of nuclear energy and technology. Today, we progress into the new decade and what is being called the fourth industrial revolution. Unlike the previous ones, this one does not bring a new type of energy; however, it brings a new source of power – the power of digitalization. According to the World Economic Forum, the fourth industrial revolution brings together "digital, physical and biological systems. We are now able to build a new virtual world from which we can steer the physical world." The merging of these "powers" brings opportunity and challenge. The uncertainties call not only for creative and critical visioning but ethical and moral solutions to the problems and possibilities.

A Sacred Heart Schools International Baccalaureate (IB) education is all about empowerment, collaboration and the value of good stewardship. A classroom experience that challenges students to tackle real-world problems and develop real-world solutions will no doubt be the experience that best prepares our students for their future. Preparing students for what may be and not what is requires a program that is adaptable, flexible, based on innovative and creative thinking skills and focused on developing the emotional intelligence that values and preserves the human experience. This is exactly

why an International Baccalaureate framework provides the structure and support that enables us to build an optimal educational experience for our students.

At the foundation of the IB is the learner profile. Underpinning every aspect of the Programme are ten attributes determined by the IB to describe the most important characteristics of the 21st century learner and leader. Choosing a Catholic school certainly guarantees a faith-based framework of empowerment and leadership development for students in a community that prioritizes reverence for and service to others. Integrated into our Catholic environment are the 10 learner attributes.

BASED ON OUR URSULINE CORE VALUES OF COMMUNITY, REVERENCE, SERVICE AND LEADERSHIP, WE ARE COMMITTED TO PROVIDING AN EDUCATIONAL ENVIRONMENT AND EXPERIENCE THAT WILL HELP EACH STUDENT DEVELOP AS A PERSON WHO IS AN INQUIRER WHO IS KNOWLEDGEABLE. CARING, THINKING, OPEN-MINDED, PRINCIPLED. BALANCED. REFLECTIVE, AND WHO IS A COMMUNICATOR

The IB framework and approaches to teaching and learning in the classroom are educational best practices based on professional, current and relevant research. With a focus on the development of realworld, transferrable skills instead of the retention of content facts, our students are going to be prepared for the new situations they will encounter. Focusing on communication, research, thinking, self-management, and social skill development, our students will be prepared to ethically use the tools and empathically solve the problems, thus making the world a better place.

While it may sound idealistic, changing the world for the better is the ultimate goal, and we believe that our students are the very ones who are going to do it. At the advent of this fourth industrial revolution, our students will be empowered and equipped to integrate the technologies, solve the problems and approach the challenges with solid Christian values, ethics, compassion and empathy. Through our Catholic, Ursuline identity and our world-class IB education, our students are becoming world-ready leaders prepared to make revolutionary changes to a world in need.



# A Gift from the Heart, to the Heart.

ANDREA WILLINGER HOBACK SHA '07, CAMPUS MINISTER, SACRED HEART SCHOOLS

Here on the Ursuline Campus, the 2019-2020 school year is proving to be a year of change and transition. From searching for a new president to being gifted this campus from the Ursuline Sisters, Sacred Heart Schools is staying busy with new opportunities. As we continue to look toward the future of the schools, nothing is more important to us than maintaining our Catholic identity through the Charism of the Ursuline Sisters.

Charism is a word well known to our staff and students and it means a gift freely and graciously given. The gift that has been given to us by the Ursuline Sisters not only includes this physical campus, but also the teachings of St. Angela and the devout Catholic faith that sets us apart. The charism gifted to us by St. Angela is: a contemplative love of God and an openness and eagerness to serve the needs of others. This gift is what shaped our core values of community, leadership, reverence, and service and it is through these core values we strive to live out this charism.

The Sacred Heart Schools community regularly gathers on this holy ground to pray together. This past fall, we gathered to bless the grotto which features a newly restored statue of St. Angela. Being able to gather all four schools together is a blessing we share thanks to the dedication and gift of the Ursuline Sisters. We are always grateful to share this opportunity with them. The community we build here on campus reaches out towards the sisters who no longer live here through Sacred Heart Preschool. The Preschool classrooms have each adopted a sister and frequently pray for that sister between visits. Growing together in this community of faith helps us to celebrate the Ursuline legacy.

We share reverence to God together in the beautiful Motherhouse Chapel. Each of the schools uses this holy space throughout the school year in its own unique way. Sacred Heart Model School regularly attends Mass in the chapel and even the preschool students gather for prayer in the space. Sacred

Heart Academy ends their senior retreat with Mass and hosts the National Honor Society Induction there. In the fall, the School for the Arts was able to celebrate their 50th anniversary Mass in the holy space. We are thankful that we are able to experience the beauty of our Catholic faith in this gem of a chapel.

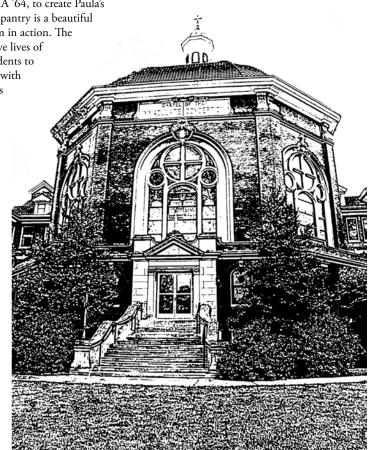
THE GIFT OF THE MOTHERHOUSE BECKONS US TO LIVE MORE HOLY LIVES AND TO GROW CLOSER TO GOD. WE OFTEN REMIND OUR STUDENTS HOW SPECIAL THIS SPACE TRULY IS. SO MANY WOMEN HAVE SAID 'YES' TO GOD IN THIS CHAPEL THAT IT ENCOURAGES AND INSPIRES A DEEPER DEVOTION TO GOD.

We encourage service at each of the schools which comes from our love of God and of each other. Many of our students serve not only this campus, but other organizations which are sponsored or were started by the Ursuline Sisters. Recently, students from Sacred Heart Model School partnered with students from Nativity, co-founded by Sr. Paula Kleine-Kracht SHA '64, to create Paula's Pantry for those in need. This pantry is a beautiful example of St. Angela's charism in action. The Ursuline Sisters continue to live lives of example, encouraging our students to fulfill the charism by working with the marginalized and for God's creation.

Our students truly develop from learners to leaders because of the wonderful example of servant leadership that St. Angela and the Ursulines have taught us. St. Angela had a deep love for the Lord and used that to serve those most in need. The Ursuline Sisters continue to step up as leaders in our local community as well as internationally with their school in Peru. SHS students follow their example, and many have been recognized as leaders in the greater community. The alumni of Sacred Heart Schools go on to be advocates for social justice and many attribute this to the example that the Ursuline Sisters have set for them.

We have been very blessed here at Sacred Heart Schools to be given this very special gift. Thank you, Ursuline Sisters, for entrusting us to continue the Charism of St. Angela.

Jesus, with St. Angela Merici, we come to the foot of your Cross, and ask that we may become more loving people. Teach us to be people of peace, hope and joy as she was. Do not let us be afraid of the evils we see around us; rather let our goodness be a reflection of your own goodness so that others may be drawn to live as you did. Like Angela, may we learn from you to accept and respect all people, trying to show them by our lives how to forgive as you asked us to do. Send us again and again your Holy Spirit so that we may be wise in making choices and confident in your love. We make our prayer in your holy Name. Amen. -By Sr. Martha Buser, OSU, SHA '49.





# A Lasting Legacy of Dedication and Service

"GIVE GOOD EXAMPLE, TEACHING MORE BY WHAT YOU DO THAN WHAT YOU SAY." - ST. ANGELA

For 16 years, Dr. Cynthia R. Crabtree has embraced and personified the teachings of the Ursuline Sisters of Louisville while shepherding the schools they founded and sponsor into successful, compassionate, 21st-century academic institutions.

In June 2020, she will retire as president of Sacred Heart Schools.

One of five children, Dr. Crabtree grew up in the south end of Louisville and was taught by Ursuline Sisters at St. Clement grade school and Angela Merici High School (AM class of 1975). After graduating with a Bachelor of Science in nursing from Spalding University in 1979, Dr. Crabtree worked in critical care, nursing education and nursing administration for nearly 25 years. She earned her Master of Science in Nursing from the University of Kentucky in 1982, and then her Doctorate in Educational Leadership in 1997 from Spalding University, and was named Dean of Spalding's School of Nursing, a position she held until 2003.

Dr. Crabtree said, "The Ursuline Sisters, through their contemplative love of God and their care for those in need, impacted me from a young age. Their words and actions have truly influenced me to serve those in need by focusing on how to be the face of God in their lives."

Dr. Crabtree has served on numerous local boards such as the Ursuline Education Network and Holy Cross High School and is an active member of St. Albert the Great Parish. Over the years, she has been honored with countless awards and accolades like Today's Woman, *Most Admired Woman in Education*,





Girl Scouts of Kentuckiana *Women of Distinction*, The Ursuline Sisters of Louisville *Angeline Award*, and the *Distinguished Catholic School Leader Award* from the Archdiocese of Louisville and she was recently inducted into the Holy Cross High School Hall of Fame.

During Dr. Crabtree's time as president of Sacred Heart Schools she has overseen three strategic plan cycles and been integral in the transformation of our entire campus, from the facilities and infrastructure to the curriculum and spiritual focus. Dr. Crabtree's leadership and her unwavering commitment to Catholic identity and the Ursuline Core Values has positioned Sacred Heart Schools as a leader in Catholic education.

When taking a moment to reflect on our ongoing campus-wide aspirations, IT IS AMAZING TO SEE WHAT HAS BEEN ACCOMPLISHED AT SACRED HEART SCHOOLS THROUGH DR. CRABTREE'S LEADERSHIP AND GUIDANCE.



I have been truly blessed to work with Dr. Cindy Crabtree.

Dr. Crabtree is such an advocate for education and her support of SHP is immeasurable. She has been instrumental in uniting the four schools on campus, through the Core Values of Community, Leadership, Reverence and Service. She leads with passion and dedication. She is a role-model, inspiration and true mentor.

-Lisa Houghlin, Director, Sacred Heart Preschool



Strengthen a vibrant, student-centered community of Catholic schools RECOGNIZED FOR THEIR MODEL CHARACTER-BUILDING ENVIRONMENT AND THEIR EMPHASIS ON THE development of compassionate and just leaders.

Dr. Crabtree has enjoyed a collaborative relationship with the Ursuline Sisters throughout her tenure and ensured the schools fostered a strong commitment to the Ursuline legacy and adherence to the Core Values. The Core Values of Community, Leadership, Reverence and Service are embedded and entwined in all we do at Sacred Heart Schools (SHS), and every year, the campus theme focuses on one of the Core Values specifically. Dr. Crabtree's ability to see the big picture and keep a laser focus ensures that the Core Values are more than just words on a building – they are central to all we do and all we learn.

Dr. Crabtree was the driving force behind the establishment of SHS as an International Baccalaureate (IB) School District, developing the Primary Years Programme (PYP) at SHP and SHMS for ages 3-12 and Middle Years Programme (MYP) for Levels 6-8 at SHMS and grades 9-10 at SHA, all joining the prestigious Diploma Programme (DP) for grades 11 and 12 already in place at SHA.

SHA received full authorization to offer the MYP this fall, and SHMS and SHP received word of their full certification for PYP in January. According to the IB, the aim of all programmes is to 'develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.' This goal ties in so deeply with the SHS mission to develop compassionate and just leaders and it is easy to see it in action when walking the halls of any of our four schools. Active, global curriculum is in place at every grade level and caring faculty and students are assisting each other and serving local and global communities in need.

Leadership learning has always been present at Sacred Heart Schools, but with the unprecedented \$1 million gift from Jean Wode Frazier SHA '52, formal, structured leadership curriculum was implemented. The Jean Frazier Leadership Institute, with Lauren Hitron at the helm, rolled out a comprehensive leadership program on campus with authentic leadership practice, seminars, speakers and learning. Most recently, the Jean Frazier Leadership Institute started the Frazier Fellows program in which SHA students are paired with an alumna mentor and have the opportunity to graduate with a certificate of distinction in leadership.

With Dr. Crabtree's guidance, these programs and more have cemented Sacred Heart Schools as a compassionate, forward-thinking educational institution.

Attract and retain a diverse and exceptionally talented faculty and staff WHO ENGAGE STUDENTS IN A SUPPORTIVE AND RIGOROUS EDUCATIONAL EXPERIENCE.

The faculty, staff and administrators are at the heart of any educational system. They are charged with empowering, encouraging and educating our next generation of leaders, and thanks to many policies enacted by Dr. Crabtree, Sacred Heart Schools employs some of the finest.

One of Dr. Crabtree's more ambitious goals was to implement a program to bring all certified faculty salaries to 85% of their Jefferson County Public School counterparts. The success of this initiative means SHS can attract and retain our amazing faculty without fear of losing them to higher-paying positions in the public-school system.

Dr. Crabtree also supported the creation of a professional development endowment, ensuring our teachers and administrators remain on the cutting edge of educational practices by attending local, regional and national seminars, workshops and conferences. At this time, SHS also developed a comprehensive recruitment and retention program with associated endowment fund.

Finally, Dr. Crabtree oversaw the creation and hiring of Campus Minister and Campus Nurse positions for Sacred Heart Schools.

True success at any educational institution begins with dedicated, knowledgeable and compassionate administrators and teachers, and these initiatives ensure that Sacred Heart Schools achieves this success.

"It has been a privilege to work for and with Dr. Cindy Crabtree for the last eight years. She is a person of integrity who makes work a joy while also challenging all of us to go beyond our best. I have always looked forward to my regular meetings with Cindy because I know she will listen, give great counsel, and make time so that we can share stories of our families. It is this personal touch in the professional atmosphere that makes her such a phenomenal leader. Cindy will be greatly missed,"

– Mary Lee McCoy, Principal, Sacred Heart Academy.



### ENHANCE THE EDUCATIONAL EXPERIENCE by enrolling and developing students from varied socioeconomic and cultural backgrounds AT ALL FOUR SCHOOLS.



"What Cindy has done for **Sacred Heart Schools** has been remarkable. She has demonstrated transformative leadership in merging the vision of the Ursuline Sisters with 21st century learning. She can retire knowing confidently that she has left every aspect of these schools better then she found them."

- Tim Feger, former SHA parent and member, Board of Trustees

International mindedness is at the core of an International Baccalaureate (IB) education and diversity and inclusion efforts are entwined with our Ursuline Core Values. Over the last 16 years, Dr. Crabtree has worked to increase cultural and socioeconomic diversity at each school by focusing on student scholarship and financial aid opportunities through a dedicated Endowment, increasing the total campus endowment from \$2 million to \$17 million. The endowed student financial aid makes a SHS education possible for prospective families who would otherwise not be able to afford tuition and benefits current families by making it possible for their students to remain enrolled during unanticipated financial hardship.

Making an Ursuline education possible for more people assists in increasing diversity which is vital to successfully educating responsible global citizens. But fostering an inclusive culture is just as important. Under Dr. Crabtree's direction, a sub-committee of the Board of Trustees dedicated to diversity and inclusion was formed and meets regularly to help ensure that SHS's focus on diversity and inclusion is continually evolving.

The subcommittee has already directed the creation of a new diversity and inclusion statement for Sacred Heart Schools and implemented numerous programs and areas of assistance at the schools. Some examples include resources for lunches and weekend assistance for the food insecure, help with uniforms, books and retreat fees for those in need and a more comprehensive program to encourage all to attend SHA dances, sporting events and other activities. In addition, the subcommittee has supported the creation of the Black Student Union and Diversity Leadership Team at SHA, adaptive and inclusive dance classes at SHSA and Satellite SHSA arts classes at Jefferson County Public Schools. The subcommittee monitors the effectiveness of these initiatives and the feasibility of additional future resources, and continually works to foster a diverse and inclusive culture at Sacred Heart Schools.

At Sacred Heart Schools diversity and inclusion initiatives will continue to evolve and we are grateful for Dr. Crabtree's efforts to set forth the path.























Throughout Dr. Crabtree's tenure as President of Sacred Heart Schools, each school has seen tremendous change and growth, both in curriculum and physical learning environments.

The updates are too numerous to exhaustively list, but here are a few highlights. SHA witnessed classroom and science lab renovations and updates, which added consistent seating and technology in all classrooms, vibrant lockers in the hallways and state-of-the-art equipment in the science labs. Both SHA and SHMS now have innovation spaces where students can design and create on 3D printers, practice authentic coding and robotics and explore the world of virtual reality.

With the creation of a true middle school for SHMS in Brescia Hall, teachers in both Model School buildings had the opportunity to design and implement classrooms of the future with innovative, welcoming and adaptive spaces geared specifically toward the age of the students and type of learning taking place within. These spaces are studentcentered and encourage collaboration, communication and creativity.

World language has long been a component of a Sacred Heart Schools education and is a vital aspect of International Baccalaureate learning. At both SHA and SHMS, students are required to take world language classes, but each student, together with his or her parents, can choose between Spanish, French, and most recently, Chinese, based on individual interests and goals. The ability to communicate in our global society is important to the future success of our students and their ability to appreciate cultures other than their own.

Finally, and thanks to the generosity of Al and Barbie Horton, SHA was able to design and implement the Horton Family Accessible Education Center serving those with documented learning differences at SHA. The new learning center space is far larger than the previous space and can serve more students than ever before. The large testing room has flexible seating choices including partitioned tables, standing desks, traditional study carrels and new private, pod carrels to accommodate more than 30 students. There are also private testing rooms and a study lounge for independent study and group work.

The faith-based curriculum and programming occurring within our 21st century facilities are unequalled, and we are thankful to Dr. Crabtree for her vision and commitment to growing learners into leaders.



ESTABLISH EXEMPLARY LEARNING ENVIRONMENTS CHARACTERIZED by superior facilities and high standards of environmental stewardship to support the Development OF the Whole Person.



Under Dr. Crabtree's leadership Sacred Heart Schools' facilities have undergone comprehensive growth and reimagination over the last 16 years. Though firmly rooted in the strong tradition of the Ursuline Sisters, all four of SHS's academic institutions meet and exceed 21st-century expectations for premier educational facilities.

When Dr. Crabtree saw to the merging of five individual schools into one unified campus, each building and school on campus had its own set of roadways that did not provide for cohesive flow. A vast initiative connected all campus roads minimizing congestion, improving accessibility and encouraging collaboration and community between the now unified schools.

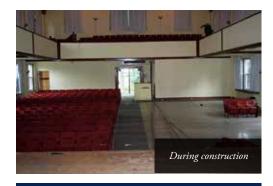






Sacred Heart Model School was also in need of an athletic upgrade to the old gymnasium facility built in 1957. This structure was replaced with a brand-new gym able to meet the needs of our SHMS Bears.





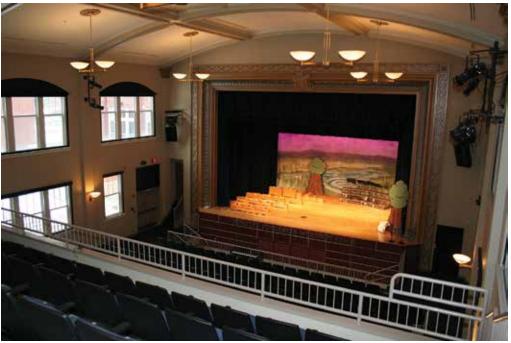
"Dr. Crabtree has been a guiding light to Sacred Heart School for the Arts. Her leadership and advocacy for the importance of arts integration has continued the mission of the Ursuline Sisters set 50 years ago. We, at SHSA, are ever grateful for her presence and voice on our behalf."

– Andrea Diggs, Director, Sacred Heart School for the Arts





The Ursuline Arts Center (UAC) received a comprehensive renovation in which the façade remained intact, but the indoor space was transformed into a 500-seat, state-of-the-art facility supporting the performing arts that are integrated in the curriculum at every level in all four schools. The Tom and Barb Thieneman Atrium provides an elegant entry and gathering space in the UAC.



In seeing the necessity to assess and plan for long-term needs of the campus, Dr. Crabtree saw to the creation of a five-year facilities master plan and a funded preventative maintenance plan with appropriate environmental stewardship recommendations.

In an effort to provide a large outdoor space for prayer and meditation, the campus grotto was renovated and enlarged. It is now a destination on campus, and is used often by students, families and teachers, for individual prayer and as an outdoor classroom. The new space was blessed during our all-campus convocation on September 11, 2019.







For more than 100 years the Motherhouse has been an important piece of Ursuline history and is currently undergoing restoration to ensure it will remain so. The transformational restoration will expand the use of the Motherhouse, drawing the community in to enjoy and appreciate this beacon of tradition on the Ursuline campus. Aging infrastructure will be brought to current code, a long-desired handicap-accessible entrance will be added to the east wing, and restoration of the building will ensure it is integral and useful to Sacred Heart Schools and the Ursuline Sisters for many years to come, all while preserving the heritage of the sacred spaces. In continuing our long-standing partnership with the Ursuline Sisters, the administrative offices of SHS have joined those of the Sisters in the Motherhouse, providing opportunities for growth both in the Academy and the Model School as administrative teams vacate Ursuline and Brescia Halls.

In one of the more influential moves made during her time as President, Dr. Crabtree partnered with the Ursuline Sisters to execute the transfer of full campus property from the Ursuline Sisters of Louisville to Sacred Heart Schools. Calling it a "gift of the heart to the heart," the Ursuline Sisters transferred all of the buildings on the 48-acre campus to Sacred Heart Schools, the culmination of a 14-year long period of preparation, diligence and prayer. The Sisters very much continue their ministry of influence with the Sacred Heart Schools they founded and sponsor, engaging with administration and students through school visits, special events and projects, and liturgical celebrations, as well as serving on Sacred Heart Schools' Board of Trustees. Sacred Heart Schools is ever committed to remaining a thoughtful and responsible steward of the campus and the legacy it represents. Dr. Crabtree's deep respect for, and strong relationship with, the leadership of the Ursuline Sisters was influential throughout the transfer discussion and process.





We are so grateful to be able to enter a new decade reflecting on so many past advancements and anticipating numerous future projects that will help Sacred Heart Schools remain a leader in 21st century education.

# With Unending Gratitude

BE ASSURED THAT

I SEE CLEARLY AND HOLD DEARLY

ALL THE GOOD WORKS

YOU ARE PERFORMING.

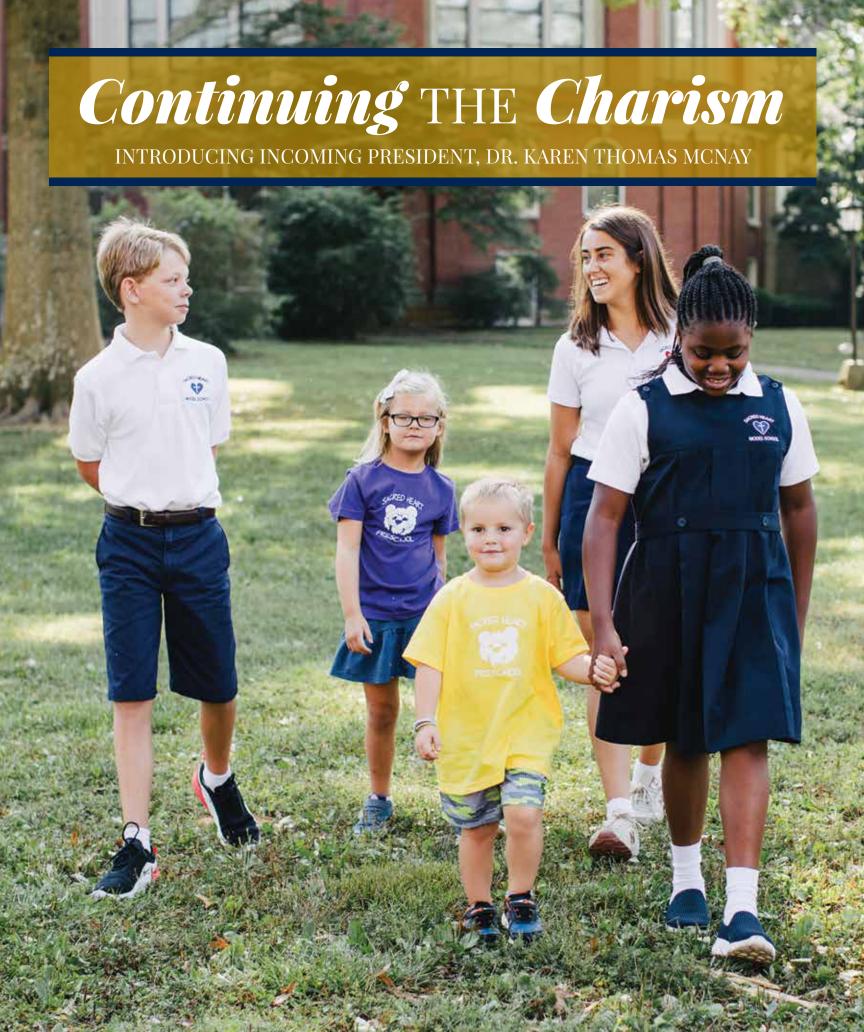
- ST. ANGELA MERICI

We have been truly blessed by Dr. Crabtree's leadership and commitment for 16 wonderful years. Her vision for the future of Sacred Heart Schools and ability to anticipate and plan for change, and her unwavering commitment to Catholic identity and the Ursuline Core Values has placed Sacred Heart Schools in a position of strength. While so very much has evolved and improved, the spirit of St. Angela Merici, our foundress, and the Ursuline Sisters of Louisville, our sponsors, lives on in the hearts of all who learn, teach and work at Sacred Heart Schools, and most especially in the heart of Dr. Cynthia R. Crabtree.

"I have known Dr. Crabtree since I came back on campus in 2014. In my time working with her I have seen her be a tremendous cheerleader for Sacred Heart Schools. She is respectful of the mission and philosophy of the schools. Cindy has been careful to respect the history and tradition of the Ursuline Sisters. She has truly been a dynamic partner in ministry. She seems to always be aware that she is holding a sacred trust as the leader of staff, faculty, and administrators. She has been able to pull the four schools out of their silos and into a unified whole. This has been no small task and she has worked at it tirelessly. I am especially happy to see how she has integrated the School for the Arts into the curriculum of all the schools. The Ursuline Congregation could not ask for a better partner than Dr. Cindy Crabtree."

- Sister Janet Marie Peterworth, President, Ursuline Sisters of Louisville





### **Dear Sacred Heart Community,**

Last July we informed you that Dr. Cindy Crabtree announced her desire to retire in June of 2020. This advanced notice provided us ample time to manage a successful leadership transition. We remain in a position of strength, guided by our values and Catholic identity, working through a very thorough process to identify the next President of Sacred Heart Schools.

In September, we asked for your input related to the experiences, characteristics and qualities we should be looking for in our next president. The feedback was clear; the community was looking for a mission-driven and dynamic Catholic school leader who could build upon the strong foundation of the schools and lead them into the future. The top, consistent characteristics were:



- · Poise, presence, and outstanding communications skills
- Significant knowledge of teaching, learning, school operations
- Leadership/management experience in independent schools, Catholic or non-Catholic
- Leadership/management experience in Catholic schools
- Outstanding leadership qualities
- Honest, trustworthy, transparent
- Energy, enthusiasm, passion for mission
- Practicing Catholic
- Engaging, inspiring, motivational
- Excellent communicator

As we partnered with the search firm, Carney Sandoe, along with a very committed search committee, we actively sourced candidates from around the country. We were blessed to have what our search firm termed an unusually large quantity of qualified applicants from all over the country. After an extensive evaluation and interview process, three finalists participated in on-campus interviews giving both the Sacred Heart community and the candidates a great opportunity to learn more about each other. At these campus visits, a much larger number of our stakeholders (alumni, parents, faculty, staff, and students) had the opportunity to interact with the candidates and provide feedback to the search committee. This feedback played an important role in the selection of the next President.

On behalf of the Board of Trustees, along with the Ursuline Sisters of Louisville, I am most pleased to announce Dr. Karen McNay as our next President. Dr. McNay distinguished herself among the applicants for the President position in a number of crucial ways. Her strong Catholic faith, philosophy of educating the whole student, and strong leadership and communication skills all marked her as the inspiring leader to take SHS from strength to strength.

Dr. McNay comes to us from Ursuline Academy in New Orleans, a member of the Ursuline Education Network just like Sacred Heart Schools. As such, she brings a wealth of affection and experience with the Ursuline charism. Furthermore, Ursuline Academy, like SHS, includes early childhood education all the way through high school. As an educator, artist, and sports fan herself, Dr. McNay believes in educating the whole student with an all-encompassing vision making every student feel welcomed and included so that each student can reach his or her maximum potential.

We will be working with Dr. Crabtree and Dr. McNay on a seamless transition plan, with a formal transition date of June 30, 2020. We look forward to you getting to know Dr. McNay on a more personal basis over the next few months.

"It will be my pleasure and honor to work with Dr. McNay as she transitions to Louisville and Sacred Heart Schools. As an experienced president, she will lead Sacred Heart Schools into an exciting future," added Sacred Heart Schools President Dr. Cynthia Crabtree.

We will continue to move forward from our position of strength under Dr. Crabtree's leadership, and we will be celebrating Cindy's contributions through the remainder of the academic semester.

I want to thank our partners at Carney Sandoe for their help in the process. Finally, I want to especially thank the outstanding search committee, under the phenomenal leadership of Charles Paradis:

- Charles Paradis Chair
- Sister Janet Marie Peterworth
- Amy Olson
- Angela Becerra
- Leslye Neff Ulmer SHA '80
- Anne Ramsey
- Greg Daunhauer
- ullet Mike Johnson
- Cindy Hillebrand Zipperle SHA '81

Also, Rachel Shain has provided terrific support to our team, along with her day job as executive assistant to Dr. Crabtree. Thank you, Rachel!

You should be proud of the work and level of commitment of this search committee. We are very confident that Dr. McNay will be an outstanding president of Sacred Heart Schools.

Best regards,

Timothy G. Rutledge Chair, Board of Trustees Sacred Heart Schools

# Introducing Dr. Karen Thomas McNay

"I am humbled and excited to be coming home to Kentucky to serve as your next President of Sacred Heart Schools. To follow in the steps of Dr. Crabtree and continue the progress and growth at Sacred Heart Schools is a great honor. It is humbling to be charged with continuing the Charism of St. Angela and instilling the Ursuline Core Values in the next generation of leaders and truly inspiring to be at the helm of these great institutions as we move into a dynamic future," states incoming President, Dr. Karen McNay.

With more than 20 years of experience in education, Dr. McNay joins Sacred Heart Schools from the Ursuline Academy of New Orleans, a member of the Ursuline Education Network. Prior to Ursuline, Dr. McNay was principal of Christ the King Catholic School in Lexington, KY for eight years and taught for the six years preceding at the Lexington School.

With great experience leading Catholic schools as president and principal, and rooted in her Catholic faith, Dr. McNay is a mission-driven leader who believes education should support the development of the whole person as a compassionate leader who will make a difference in the world. Through her time collaborating with the Ursuline Sisters of the Roman Union, Central Province, Dr. McNay is practiced in advancing school success through alignment with the Ursuline Core Values and in step with the Charism of St. Angela.

Dr. McNay received her Bachelor of Science in Accounting from the University of Kentucky and Master of Education in Teaching from Xavier University. She then earned the Rank I Supervision and Administration in Educational Administration and her Doctor of Educational Leadership from the University of Kentucky.

She served on the Executive Committee of the Ursuline Education Foundation, as Vice-Chair of the Ursuline Education Network, and as a Loyola University Women's Leadership Academy mentor. Dr. McNay was on the New Orleans City Business list of 'Ones to Watch in Education' in 2015 and won the Hardin County Schools Distinguished Alumni Award in 2013.

Born and raised in Elizabethtown, Dr. McNay is overjoyed to be coming home to Kentucky. She grew up on her parents' farm where her two sons, Max and Zack carry on the family business today. Her daughter, Emily lives in Louisiana but will relocate home as well. Another important family member is her Scottish terrier, Paisley, who according to Dr. McNay, runs the house! She loves sports and the arts and is an avid painter, both watercolor and oil.

Dr. McNay noted what struck her most when visiting our Ursuline campus was the warm and welcoming sense of community. She feels blessed to be joining an institution that is so actively living the Ursuline Core Values and shares our great affection for and dedication to the mission and vision of St. Angela.

With experience collaborating with the Board of Trustees on similar endeavors at Ursuline Academy, Dr. McNay is excited to be part of the strategic planning that will take place next year, putting the pieces in place to move our campus into the next decade and beyond. With vast fundraising expertise and achievements like doubling the size of Ursuline's endowment, creating a merit-based and named scholarship program and cultivating the largest realized bequest in Ursuline Academy history, Dr. McNay stands poised to lead our schools into this future with the advancement efforts necessary for success.



Notably, Dr. McNay's educational philosophy aligns with our IB framework with its focus on educating the whole child. Both place great importance on building a lifelong love of learning through curriculum that includes both opportunities for spiritual formation, understanding, critical thinking, and creativity; as well as experiences steeped in developing courage, confidence, perseverance and compassion.

In recognizing that this generation sees, speaks, influences and instantly connects with others around the globe, she sees the importance of a diverse educational environment that complements global learning and encourages students to develop understanding, compassion and empathy. With our recent authorizations to provide an IB education to students from preschool through high school, this commitment to the IB standards and dedication to Ursuline Core Values in invaluable in our next leader.

Through her strong Catholic faith, philosophy of educating the whole student, and robust leadership and communication skills, Dr. McNay will be a compassionate, just leader of Sacred Heart Schools.

"I believe as students walk forth to serve as leaders in their careers, community and world, their educational experiences must impart upon them the responsibility of leadership: the compassion to walk in the shoes of another, the vision to see the value of each person, and the ability to respond to those with different needs. Our students receiving a Catholic education should lead with compassion fueled by self-reflection, gratitude for their gifts, and a longing to serve others. This is the heart of an Ursuline education, and I am humbled to continue their legacy." - DR. KAREN MCNAY

# GOOD WORKS

# Golden Arrow, GOLDEN HEART

Emily Nolan began working with Sacred Heart Model School as a substitute teacher many years ago. In 2015, she transitioned to a long-term sub wherever she was needed and is in her second full year as the Receptionist at SHMS, though Dr. Bratcher prefers the title "Director of First Impressions." Emily's is the first friendly face you see upon entering the building. But teaching wasn't Emily's first introduction to campus – her son and daughter started out at Sacred Heart School for the Arts taking drama and piano lessons. Her son went on to attend the Model School for junior high, and her daughter graduated from Sacred Heart Academy.

And SHMS isn't Emily's only job. She is also the (volunteer) Director of a local non-profit, the Golden Arrow Center for Mothers and Children. The Golden Arrow Center is a non-profit agency which provides assistance to mothers and children as an outreach ministry of St. Martin of Tours Church and in conjunction with the Schuhmann Center. Golden Arrow typically serves about 200 households and 400 children per month, but this October saw close to 800 children, most of whom had no warm coat during an uncharacteristically cold fall

When a mother first arrives at Golden Arrow with her children, an intake volunteer interviews the family and determines the immediate needs. On that first visit, mom is given the Full Baby Closet Visit, which provides the baby with diapers, formula, baby food and clothing. Additional clothing and formula are given every two months as baby grows and needs change.

In addition to the 30 volunteers, 18 of whom are steady weekly volunteers, Emily also manages two paid part-time employees who oversee daily operations. She is responsible for fundraising and writing grant proposals that provide for the necessary purchase of diapers, formula and baby food.

Emily didn't start out 'running the place', as Jim Nix, Director of the Schumann Center, describes her now. In 2005, Emily was completing RCIA at St. Martin of Tours and looking for a way to get more involved in the parish. This brought her to volunteering one day a week at Golden Arrow on her day off from teaching preschool and her time spent there grew steadily. After a series of paid directors left the center in a weak financial state and in debt to the parish, Emily and a group of volunteers put their heads and hearts together and came up with a volunteer model that proved successful. With her leadership, the group turned Golden Arrow around financially and allowed the doors to remain open.

To Emily, the greatest feeling comes from witnessing the success stories. Seeing the mothers return to Golden Arrow full of gratitude and love, knowing their children are cared for. She says there is such joy from seeing people take positive steps forward, and this joy offsets the times when that progress takes longer. The volunteers she manages love their work and look forward to returning each week.

What would Emily like you to know? That right here in Louisville, great need exists.

"There should not be a baby in Louisville who isn't warm, dry and fed. There's just no reason for that here."



The Golden Arrow Center is open Tuesday through Thursday from 9:00 a.m. to 12:00 p.m. and is always accepting clothing and coat donations in sizes Infant to 10 years old. The Center is located at 626 S. Shelby Street, Louisville, KY 40202.

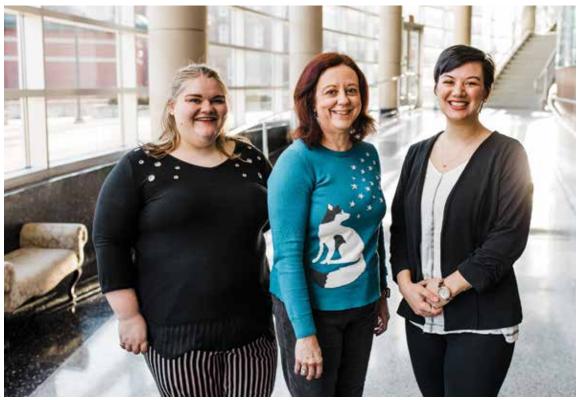
# Promoting Arts through Inclusion

Fundamentally aligned with St. Angela's teachings to 'live in harmony united in one heart and one will,' the inclusive and adaptive dance classes for the differently abled and the sensory friendly performances are building a gentler and kinder community, focused on acceptance and inclusion at Sacred Heart School for the Arts.

Donna Richards is the Dance Instructor for Adaptive and Inclusive Dance program and Choreographer for musical productions, Rachel White is the Ursuline Arts Center manager and works in administrative office at SHSA weekday afternoons and Collette Priddy SHA '15, a K-8 music teacher at SHSA and SHMS, also gives private voice lessons and helps with direction for musicals.

At first glance, these three women aren't seemingly connected. Though they all work for Sacred Heart School for the Arts, they have differing responsibilities and backgrounds. But it takes just a bit of time talking with them to see how greatly their hearts are connected to providing the performing arts experience to those who might otherwise not have the opportunity.

Donna teaches an inclusive and adaptive beginner dance and creative movement class that combines ballet and modern dance. She hopes to grow from one class of students into a program that includes all ages and abilities. The class is a mix of boys and girls on the Autism spectrum or who have Downs Syndrome, and focuses on improving coordination, memorization and socialization skills. Donna has seen wonderful changes in the students socially they've become a tight-knit group who support one another. Donna has also seen improvement in their hand-eye coordination, listening skills



Collette Priddy SHA '15, Donna Richards and Rachel White

and attention span. "It's not hard to fill the hour, they don't want to go home!" Parents are happy with the program and actively share it with their network and community. The class has provided them a fun and different avenue for expression and socialization that isn't widely available in our community.

While this class is comprised solely of differently abled students, these three don't see any reason the program needs to remain this way. For now, the class has provided a safe space for these students and their parents to learn and grow, keeping the class size and student to teacher ratio very small. Donna has plans to lead a training next semester for all SHSA dance instructors so all will have the tools needed teach inclusive and adaptive classes.

Each of SHSA's fall and spring productions include at least one sensory-friendly performance this year, providing an outlet for families and schools to provide the arts experience to all types of people with sensory differences and needs. The house lights are not turned all the way down and loud or startling audio effects are removed. Patrons are encouraged to stand up and move when needed or call out without disruption to the actors or others enjoying the show. SHSA also provides weighted blankets, fidget spinners, ASL interpreters and noise-reducing headphones.

Rachel has seen school groups, special education classes, adult care facilities as well as families enjoy the sensoryfriendly performances, many of whom continue to return. Collette sat behind a woman and her son at Frozen Ir this year who called out with glee every time Olaf entered the stage. Elsewhere, this may be frowned upon, but in these productions, it's celebrated. Thanks to these ladies and their outreach, more people are hearing the buzz about the sensory-friendly performances. This year they attended the Disability Council Family Fun Fest to raise awareness both for the performances and the inclusive dance program.

All three of these women are great examples of St. Angela's teachings and the Ursuline Core Values, taking that next best step to provide arts education and enjoyment to all people.

# COLLECTING hope

Before Lisa Houghlin became the Director of Sacred Heart Preschool, she was a teacher, and had the pleasure of teaching a two-year-old little guy with beautiful red hair. His mom quips that his red hair, not found anywhere else in the family, came from the chemo treatment she endured during her pregnancy. His mother is Lara MacGregor, founder of local-turned-international nonprofit, Hope Scarves that shares hope with people facing cancer through scarves, stories and research

According to Hope Scarves, the scarves and stories are paired together to spread hope to others in treatment. They are the tangible reminders there is light in the world. They are the "now." In December 2014, Lara was diagnosed with metastatic breast cancer after seven years of remission, and soon after, research became a priority for Hope Scarves. The research is the push for change, and it is the future. Research is key for improved treatment options and outcomes.

Lisa doesn't have to say it, she knows, as we all do – just about everyone has been affected in one way or another by cancer. In her role as teacher and director Lisa has seen young mothers face the disease, just like Lara. Their strength and positivity have inspired her to find ways to support Hope Scarves, and women facing cancer.

When Lara first began Hope Scarves, Lisa and fellow teachers attended the first Colors of Courage fundraiser, supporting the woman who had become their friend. She volunteered in the office and sent Hope Scarves to loved ones in treatment. Then two years ago, Lisa introduced the Hope Scarves Scarf and Story Drive to Sacred Heart Preschool, asking families to share scarves from their collections. The next year, she and her SHP coworkers volunteered in the office at a Sips and Scarves event, packaging scarves and stories to be sent all over the world. This year, they're doing both!

The current scarf and story drive has been running in both Salesia and Angela Halls since early December. By Christmas break, they had collected close to 100 scarves and one story. Lara will tell you, it's both difficult and cathartic to tell your story. It takes something painful and carries it on to become hope to someone else.

There are currently three SHP mothers undergoing cancer treatment, something Lisa has trouble talking about. She watches as these beautiful women juggle treatment, work and parenting. Supporting these families, Hope Scarves and her old friend, Lara MacGregor just seems to be the right thing to do. Lara's love of life is such an inspiration to so many, because as Lisa says, "she lives everyday like we all should live."



# **Mentoring** Tomorrow's Leaders

Born one of 12 children to sharecroppers in Alabama, it is not difficult to see where Carrie Peterson gained her grit. Yet, she is very clear in saying the injustice she both witnessed and experienced made her determined, not bitter. According to Carrie, "our life prepares us for our journey," and hers has been one of strength, fortitude and true servant leadership.

After graduating high school at 16, Carrie moved to Louisville looking for independence one couldn't find on a sharecropper's farm. With few collegiate opportunities open to African Americans at the time, her educational path was winding, but she never gave up, and this made her determined to assist others in their own journeys.

Carrie began Study Partners, an organization set up in an empty storefront in a low-income housing area. She saw that young students needed academic help and established a safe place for them to receive this assistance. Carrie received a Bell Award for her work with Study Partners in 1990.

The next project spanned almost two decades and ultimately brought her to the Sacred Heart Schools campus. Carrie ran an organization called Summerbridge for 17 years that saw 60-70 kids each year through a six-week summer program with academics in the morning and extracurricular activities like dance, drama and sports in the afternoon. The last 10 years of Summerbridge's run were spent at SHA and marked the first time Carrie spent time on the campus she has now come to cherish. Sacred Heart did not charge Summerbridge for use of the campus, something Carrie has never forgotten.

Carrie kept ties with SHA because of the kindness and generosity she'd experienced there, serving as a substitute teacher at times. She continued Summerbridge until 2015 when her husband became ill and she took time off to care for him. Not long after her beloved husband of nearly 50 years passed away in 2016, Carrie herself received a cancer diagnosis. And yet again, Carrie took these hurdles as experiences to learn from - situations that would make her stronger.

Carrie believes all these experiences led to her current position – Assistant Coordinator of the Jean Frazier Leadership Institute at Sacred Heart Schools. Like her role with the Summerbridge kids, Carrie serves as a mentor to students through the Student Advancement Program, many of whom are at SHA on financial aid, as they transition into a world different from that which they came from. She can identify with their experiences and knows these students aren't always aware of how to take advantage of the resources available at SHA. Carrie sees herself as an encourager, mentor and driver, pushing the students to take the next step in their academic journey or find a solution to a current problem. She's not there to judge, sharing an old saying from the farm, "if a mule gets stuck in a ditch, help him get out, don't worry about how he got in there." Helping these students step out of their comfort zones is something she's most proud of.

Carrie also works with the academic coaching program through the Jean Frazier Leadership Institute, purposefully connecting students with peer coaches to assist them in learning strategies that will help them in any class. The toughest thing Carrie deals with is students who don't recognize their own gifts and talents. She believes true emotional and leadership growth is achieved through students acknowledging and accepting their strengths and identifying the areas in which they need to make improvements.

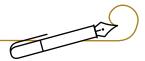


Carrie has a keen eye for the students in need of a leadership opportunity, looking beyond the obvious leaders to find those who may need a nudge. Mentoring Sacred Heart students gives her life purpose and meaning. She sees it as an opportunity to change a life and, just as she's always done, is willing to give it her all to do so.

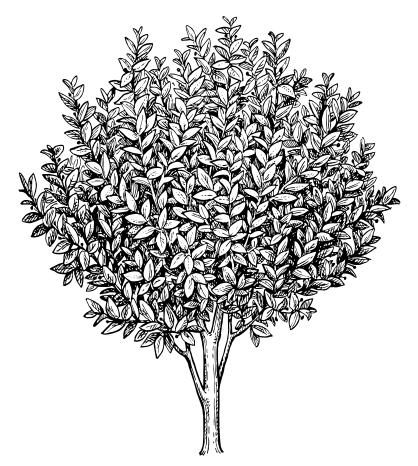
"Carrie truly gives her authentic self to every person she meets. Her deep care and concern for the students is demonstrated through each interaction as she helps them recognize their inherent worth and potential. I have learned so much from Carrie through working with her in the Jean Frazier Leadership Institute."

- LAUREN HITRON SHA '99 DIRECTOR, JEAN FRAZIER LEADERSHIP INSTITUTE

# CAMPUS NOTES



# THE LAUREL AWARD



The Laurel Award was created in 2002 to honor and recognize supporters who have been dedicated to the success of Sacred Heart Schools or any of her member schools for many years. Much like the strong and deep-rooted Laurel tree which has long been a part of our Ursuline history, the recipient's commitment to SHS is far-reaching and instrumental in the success of our schools.

At the 18th annual Sacred Heart Society Dinner, Sacred Heart Schools president, Dr. Cindy Crabtree presented the Laurel Award to Dr. Mark and Cindy Lynn.

Dr. Mark and Cindy have been supporting Sacred Heart Schools in large and small ways for almost 20 years. What started as a donation to SHA's Annual Fund and volunteering at Interlude when their daughters Mandy SHA '03 and Jackie SHA '06 were students, has blossomed into a decades-long commitment that has improved our schools and learning environments in ways too numerous to count.

Dr. Lynn and Visionworks have sponsored Interlude at the highest level for almost a decade, making this vital fundraiser possible and ensuring its success.

In honor of their four children and 15 grandchildren, Dr. Mark and Cindy made possible the building of our state-of-the-art playground at the Model School in 2016. Countless children have enjoyed the playground, and many more will do so in the future.

When their grandchildren entered the Preschool and Model School, the Lynns' contributions to those Annual Funds began and continue today, and they've bought more raffle tickets over the years than anyone could count!

Though their financial support of our schools, facilities and the Annual Fund is robust and so vital to our success, Dr. Mark and Cindy also give of their hearts. Just this past summer as our student leaders were hosting a group of children from Appalachia to a summer camp at SHA, Dr. Lynn made sure each child had an eye exam and a new pair, or two, of glasses.

Much like the Laurel tree's wide branches and deep roots, Dr. Mark and Cindy Lynn have made a lasting and significant impact on Sacred Heart Schools and are so deserving of the 2019 Laurel Award.

"Mark and Cindy have been a piece of the true heart of Sacred Heart Schools since before my time here. In getting to know them both, I have been ever impressed with their kindness and generosity, and their dedication to helping so many in our community. They have made so much possible through their commitment to Sacred Heart Schools and we are so very blessed they are part of our school family. Mark and Cindy embody what the Laurel Award stands for and are very deserving recipients."

-DR. CYNTHIA R. CRABTREE, PRESIDENT, SACRED HEART SCHOOLS

### LAUREL AWARD RECIPIENTS

The recipient is honored at the annual Sacred Heart Society Dinner.

2019	Dr. Mark and Cindy Lynn	2014	Carl Hafele	2011	Orson Oliver	2006	Mary Jane Hoben
2018	Carolyn Hemmer Matula		The Estate of Charles S. Anning	2010	Nick King	2005	Drew Fellon
2017	Thomas Musselman		and his wife Marjorie Sass Anning, SHA Class of 1935	2009	Doris Boland Jones	2004	Jim and Diane Thorp Buchart
2016	E. Peter Rutledge			2008	Francis "Chip" and Kathy McNamara	2003	Al and Barbara Horton
2015	Norma Bender	2012	Brown-1 orman Corporation	2007	Nicholas X. Simon	2002	Ursuline Sisters of Louisville



# FOSTERING PROFESSIONAL DEVELOPMENT

At Sacred Heart Schools, we believe supporting and fostering faculty professional development is an important part of building a rich educational experience for our students. When you make a gift to the Sacred Heart Schools Annual Fund, your gift helps teachers collaborate with colleagues at conferences all over the world.

Each year, the International Baccalaureate (IB) presents several conferences and symposia gathering educational leaders, decision makers and practitioners from schools, universities and governments to focus on international education.

Sacred Heart Schools' entire IB continuum was represented at the Florida Association of IB World Schools conference in December 2019. Tricia Forde (MYP), Kris Grimm, Austin Butler Nikolich SHA '00 (PYP) and Lauren Hitron SHA '99 (Continuum) attended the Understanding Leadership workshop and Ron Padgett and Erin Burke SHA '92 attended the DP Counselors workshop.

The Annual Fund provides critical operating budget support and is used immediately by the school principal or administrator. It provides flexibility to respond to essential needs and new opportunities. These include: student financial support, technology upgrades, arts integration, faculty recruitment and professional development, annual improvements to classrooms and campus facilities.

THE STREET

Thank you for your support of the Sacred Heart Schools Annual Fund!

For more information about the Annual Fund, contact:

OFFICE OF INSTITUTIONAL ADVANCEMENT SARAH WUNDERLIN SHA '04, DIRECTOR OF ANNUAL GIVING 502. 736.6528 SHSLOU.ORG

# { alumni profiles }

### Mo McKnight Howe SHA '04 and SHMS '00,

is an artist and the owner of Revelry Boutique Gallery in Louisville, KY, a hybrid establishment that is equal parts boutique and art gallery, where she handpicks and showcases beautiful pieces from local artists. Mo also works with the visual design teams for the Forecastle Festival and Churchill Downs. She is on the Board of Directors for the Fund for the Arts, Snowy Owl Foundation, and Kentucky Natural Lands Trust (KNLT). All are true to her passions in life; art, music, the environment, buying local, Louisville and keeping it weird.

### Would you consider yourself an entrepreneur, an artist or both?

All artists are entrepreneurs in a sense. When you decide to be an artist, you essentially decide to be a small business. The product is you and the art you make, so you need to learn how to market that art, set up a separate account for materials purchased, payments received, etc. The problem is they don't always teach you those entrepreneurial skills in art school! This is something I had to learn after I graduated, and it was mostly trial and error for years until I got it right!

# How did your time on the Ursuline campus serve to shape who you are today?

I spent 13 years on the Ursuline Campus and something that has really stuck with me is the Ursuline Core value of service. I dedicate about 10 to 15 hours of my week, every week, to non-profit projects. I currently serve on three Boards; Fund for the Arts, Kentucky Natural Lands Trust, and the Snowy Owl Foundation. I have chosen to work with non-profits that are true to my own passion and values, so they are all art and/or environmentally focused. I would not feel complete without giving back to the community on a regular basis.

# What accomplishment do you consider to be the most significant in your career?

When I set out on a mission to support local artists, it was because there was a great need. I graduated college and was ready to start my art career, but everyone told me it was not possible here in Louisville. I wanted to change that and give artists a commercial outlet to sell their work outside of bars and coffee shops. Last year alone (2018), I wrote local artists more than \$500,000 in checks. That's \$500,000 going back into our local creative community - a number I never imagined we could hit. I hope I can continue to be an outlet for local artists to sell their work, and a cultural hub for those seeking to support and connect with artists in our community.

### Do you have a message to share?

I believe all people deserve to have art in their lives - not just people who can "afford" it. Art can change lives, as it has changed mine. I strive to make art affordable and available to everyone in our community, both through Revelry and my work with Fund for the Arts.

### What motivates you and how do you define success?

Making an economic and cultural impact in our region is what motivates me to continue the work that I do. Seeing artists making a living solely as artists is how I measure my success. It's been incredible to watch some artists go from having three jobs and just doing their art on the side, transition into full-time artists because of the check they get from Revelry - or from a grant for Fund for the Arts or the Snowy Owl Foundation. This work is hard, but it is rewarding when you intimately know and get to see the success of other artists around you.



What opportunities have you found beneficial in developing your leadership skills?

Joining non-profit boards of directors right out of college was huge in both understanding the needs of our city, as well as helping me gain knowledge in leadership roles. Working my way up on those Boards prepared me for future leadership on other Boards, as well as in my workplace. I learned how to work with many different types of people, personalities, events, budgets, and problems the non-profits were facing. This all prepared me to lead the team and my artists at Revelry.

### What role does the artist have in society today?

I believe artists are here to inspire change, make an impact, and educate.

# You've shown a commitment to environmental philanthropy. Where does this stem from?

My brother, JK McKnight, has always been the environmentalist of the family. When we were kids, he knew about which rainforests were threatened and he would write to local politicians asking for policy change. When JK started Forecastle Festival, the idea was to create a non-profit to pair with the festival - this is where the Forecastle Foundation came from. I learned about various environmental non-profits through the Foundation, including The Kentucky Natural Lands Trust, who is a sustaining partner of the Forecastle Foundation. KNLT protects the most bio-diverse old growth forests in our state, which also house our most endangered species. At KNLT, we raise money to buy and preserve these lands - most of which are in the Pine Mountain region of Kentucky. If you haven't been to Pine Mountain, you must visit to truly understand how important and beautiful this place is!

### What's non-negotiable for you?

My rule of thumb in business and relationships is that everything must be a WIN-WIN. If something is just a win for myself or my business, it is not a good deal and I will not do it. The best deals are deals where all parties involved walk away happy and successful.

### Do you have any advice for current students or recent alumni?

If you can figure out what you are passionate about and are able to marry that with your work, you will set yourself up for fulfillment and happiness in life. The sooner you can figure that out, the sooner you can start aligning your goals and values with your career.

### The Burckle siblings - Caroline, Clark and

**Collin** – are a hard-working, motivated and successful bunch. Collectively, they've won Olympic medals and SEC Championships, broken American records and graduated from prestigious business schools. Besides this will to succeed and clearly some great genes, the Burckles share something else - an Ursuline education. We caught up with each of them for a little Q&A about success, school and inspiration.



Collin SHMS '12, Caroline SHA '04, SHMS '00, and Clark SHMS '02

### What are you doing now and where do you see yourself in five years?

Caroline: I am in Redondo Beach, CA, running a business called RISE Athletes (Olympians mentoring youth athletes) and in 5 years I would love to have a home here and one in Colorado and to be designing swimwear.

Clark: I am working for my Dad at The Club Management Group of Louisville. We own Blairwood Tennis, Swim and Fitness Club and Louisville Tennis Club. I personally manage operations, more specifically, the implementation of our new member billing and management software, payroll, staffing and sport-specific programming. In five years, I hope to be expanding our business by acquiring new health and fitness clubs across the state and region.

Collin: I am a senior at UK working toward a degree in Health Promotion with a minor in Coaching. I'd like to return for a Master of Business Administration and hope to one day open a gym. I also play rugby for UK, a sport I didn't pick up until second semester of freshman year here. I've now been part of two SEC Championship teams and would like to continue playing after college.

### What accomplishment do you consider to be the most significant in your athletic life or career (or both)?

Caroline: Representing USA in the Olympic Games in 2008 in Beijing, China and also winning NCAA's in the 200 and 500 freestyles in 2008, breaking Janet Evans's 18-year-old American Record in the 500 Freestyle!

### What motivates you and how do you define success?

Caroline: Knowing that I can continue to recreate myself, year after year. EVOLUTION – I can recreate myself whenever I want. Nothing is permanent.

### What drives you to keep going when the going gets tough?

Clark: I feel that all the Burckles are wired to bear down when the going gets tough - it's almost as if we enjoy a nearly impossible task. So, for me, I remind myself what I believe in, what my goals are, and that most achievements in my life have not followed a straight line, but instead have oscillated between small wins and losses which I weathered to achieve my goals.

Collin: My will to never give up, to believe in myself and to get back up when I fall. You never know if your next go at it will be the best you've ever had. I try to realize my opportunities and keep perspective.

# How did your time on the Ursuline campus serve to shape who you are

**Caroline:** I loved the sense of community. The importance of that has helped me make choices about my path each and every time.

Clark: I honestly think it had a huge impact on how I learn from and communicate with others. The small class sizes led to intimate learning and communication settings. For example, I do very well in groups because I work hard to listen to and consider everyone's point of view, something I learned earlyon at the Model School.

Collin: Honestly, the Model School was some of the hardest schoolwork ever, but it really prepared me for high school and college. The way I write papers now stems from what I learned at SHMS. They were some of the best years of my life and shaped who I've become. I wouldn't trade any of it.

### Do you have any advice for current students or recent alumni?

Clark: My main advice would be to take risk. I don't mean do something dangerous, but I do mean putting yourself in uncomfortable situations where you want to cower and hide, but instead conquer your fears and learn more about how to work with your strengths and weaknesses to become a betterrounded individual. For me, this was applying to and attending Stanford Business School. I was incredibly nervous; surrounded by so many students who had more professional experience and who were smarter than me. I had a bad case of impostor syndrome. However, I buckled down, committed to the program, and because of this believe I am a much better person today.

Collin: Stay motivated and work hard, it pays off. You'll learn so many valuable lessons from not giving up - whether it's sports, schoolwork or fitting in. Cherish your time at SHMS, enjoy it and realize how lucky you are to be at such a great school.

### How does working with the youth empower or inspire you?

Caroline: I love knowing I am helping 13-year-old Caroline! They are a mirror for me, and it is humbling to learn from them just as much as they are learning from me.

### When you get together as a family are there competitive family games? Who usually wins?

Caroline: Oh yes. The boys take over the fun when it comes to this. They can play basketball, golf, ping pong and cards for hours. I love this stuff, but I also prefer racing to games, so I get bored easily, HA! We are a very competitive bunch!

Clark: Haha. Yes, many games, but they typically revolve around sports. Putting competitions, H-O-R-S-E, Ping Pong, touch football, you name it. I always win, but I am sure each of my siblings is saying the same about themselves, too!

Collin: We put a putting green in our basement and my brother, dad and I have fun down there. There's a lot of competitiveness in our family, but it's all in good spirit.



Sacred Heart

**ASPIRATION STATEMENTS** 

To strengthen a vibrant, student-centered community of Catholic schools recognized for their model character-building environment and their emphasis on the development of compassionate and just leaders.

Goal 1: Enhance the recognition of our school community as a Compassionate School District.

**Goal 2**: From preschool to grade 12, develop a comprehensive education and formation plan to ensure the legacies of St. Angela Merici and the Ursuline Sisters of Louisville are understood and honored.

Goal 3: Enhance the visible symbols on our campus that showcase our Catholic tradition.

**Goal 4:** Integrate the core value of leadership through formal programming, curriculum development and resources.



To attract and retain a diverse and exceptionally talented faculty and staff who engage students in a supportive and rigorous educational experience.

**Goal 1:** Develop creative programs and/or benefits to recruit and retain diverse faculty and staff members.

**Goal 2:** Provide coordinated, comprehensive support for the holistic development of each student.

**Goal 3:** Establish Sacred Heart Schools as a leader in Science, Technology, Engineering and Math (STEM) through the engagement of teachers and students in project-based, hands on curricula that emphasize problem solving in a real world context.



To enhance the educational experience by enrolling and developing students from varied socioeconomic and cultural backgrounds.

**Goal 1:** Create English Language Learning (ELL) resources to enhance the learning of current and future students and families who have English as a second language.

**Goal 2:** Develop partnerships with schools and/or organizations that serve diverse populations.

Goal 3: Establish outreach in a local community with educational needs that could be filled by SHS.

Goal 4: Create additional financial aid resources to support students.

Goal 5: Implement a marketing strategy that promotes inclusivity of diverse populations of students.

**Goal 6:** Create a more inviting environment for prospective students from diverse backgrounds by enhancing existing activities and expanding the engagement of current affinity groups.



To immerse students in a comprehensive learning experience that is seamless, technologically-balanced, and globally-conscious.

Goal 1: Establish Sacred Heart Schools as an International Baccalaureate (IB) school district where IB standards and data analysis drive rigorous instructional strategies, curricula, and assessments.

**Goal 2:** Expand arts education at every level of a student's educational experience.

**Goal 3:** Integrate the Ursuline core value of service into the curriculum through outreach and service learning.



To establish exemplary learning environments characterized by superior facilities and high standards of environmental stewardship to support the development of the whole person.

**Goal 1:** Transform the Ursuline Campus into a comprehensive learning laboratory space.

**Goal 2:** Ensure access to state-of-the-art technology within the teaching and learning environment.

**Goal 3:** Engage the Ursuline Sisters to make decisions regarding the future use of the Ursuline campus property

**Goal 4:** Enhance campus facilities to encourage district-wide student engagement and improve operating efficiencies.







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